## **East Dunbartonshire**Alcohol Profile



November 2024

There are 186 places to buy alcohol in East Dunbartonshire:

119 on-sales premises (pubs and restaurants)





67 off-sales premises (supermarkets and shops)

Scottish Liquor Licensing Statistics 2021-22.

In East Dunbartonshire, 24% of people drink above the Chief Medical Officers' low-risk guidelines.

This includes 17% of women and 32% of men.

This compares to 20% of people in Scotland who drink above the guidelines.





Parental drinking was a concern identified for 29% of children on the child protection register in East Dunbartonshire.

Children's Social Work Statistics 2022-23.

25% of 13-year-olds and 70% of 15-year-olds in East Dunbartonshire have drunk alcohol.

Of those who have ever drunk alcohol, 44% of 13-year-olds and 75% of 15-year-olds have been drunk.

Scottish Schools Adolescent Lifestyle and Substance Use Survey 2018.

There were 435 alcohol-related hospital admissions in East Dunbartonshire in 2022-23.

Alcohol related hospital statistics 2022-23.

The admission rate was lower than for Scotland as a whole.





In East Dunbartonshire, 15 people died because of alcohol in 2023, from conditions solely caused by alcohol.

Alcohol-specific deaths 2023.

The death rate was lower than Scotland as a whole.



Alcohol-specific deaths 2023.

The true number of alcohol deaths is over twice as high when including conditions such as cancer and cardiovascular diseases.

Public Health Scotland.

Every year, alcohol costs East Dunbartonshire £25.50m or £244 per person.

## This includes:

Health Service	£3.66m	
Social Care	£3.19m	
Crime	£7.84m	
Productive Capacity	£10.82m	£

The Societal Cost of Alcohol Misuse in Scotland for 2007.

For full references and methods, visit www.alcohol-focus-scotland.org.uk/harm-profiles/

## **About Alcohol Focus Scotland**