

# East Lothian Alcohol Profile

November 2024

There are **307 places to buy alcohol** in East Lothian:

**213 on-sales premises**  
(pubs and restaurants)

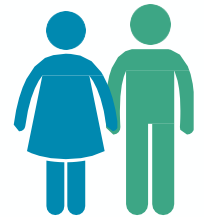


**94 off-sales premises**  
(supermarkets and shops)

*Scottish Liquor Licensing Statistics 2021-22.*

In East Lothian, **24% of people** drink above the Chief Medical Officers' low-risk guidelines.

This includes **20% of women** and **29% of men.**



This compares to **20% of people** in Scotland who drink above the guidelines.

*Scottish Health Survey.*



Parental drinking was a concern identified for **34% of children** on the child protection register in East Lothian.

*Children's Social Work Statistics 2022-23.*

**42% of 13-year-olds** and **73% of 15-year-olds** in East Lothian have drunk alcohol.

Of those who have ever drunk alcohol, **49% of 13-year-olds** and **64% of 15-year-olds** have been drunk.



*Scottish Schools Adolescent Lifestyle and Substance Use Survey 2018.*

There were **420 alcohol-related hospital admissions** in East Lothian in 2022-23.

*Alcohol related hospital statistics 2022-23.*

The admission rate was lower than for Scotland as a whole.

*ScotPho Profiles.*

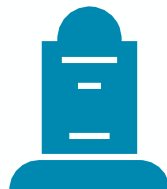


In East Lothian, **16 people** died because of alcohol in 2023, from conditions solely caused by alcohol.

*Alcohol-specific deaths 2023.*

The death rate was lower than Scotland as a whole.

*Alcohol-specific deaths 2023.*



The **true number** of alcohol deaths is **over twice as high** when including conditions such as cancer and cardiovascular diseases.

*Public Health Scotland.*

Every year, alcohol costs East Lothian **£26.77m** or **£275 per person.**

This includes:

Health Service	£3.97m
Social Care	£3.89m
Crime	£9.50m
Productive Capacity	£9.42m



*The Societal Cost of Alcohol Misuse in Scotland for 2007.*

For full references and methods, visit [www.alcohol-focus-scotland.org.uk/harm-profiles/](http://www.alcohol-focus-scotland.org.uk/harm-profiles/)

## About Alcohol Focus Scotland

Alcohol Focus Scotland (AFS) is the national charity working to prevent and reduce alcohol harm.

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