

## Na h-Eileanan Siar Alcohol Profile

November 2024

There are 105 places to buy alcohol in Na h-Eileanan Siar:

67 on-sales premises (pubs and restaurants)





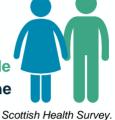
38 off-sales premises (supermarkets and shops)

Scottish Liquor Licensing Statistics 2021-22.

In Na h-Eileanan Siar, 16% of people drink above the Chief Medical Officers' low-risk guidelines.

This includes 12% of women and 22% of men.

This compares to 20% of people in Scotland who drink above the guidelines.



There were 342 alcohol-related hospital admissions in Na h-Eileanan Siar in 2022-23.

Alcohol related hospital statistics 2022-23.

The admission rate was higher than for Scotland as a whole.



ScotPho Profiles.

Every year, alcohol costs Na h-Eileanan Siar £9.94m or £379 per person.

## This includes:

Health Service	£1.21m	
Social Care	£1.58m	
Crime	£3.18m	
Productive Capacity	£3.97m	£
The Societal Cost of Alcohol Misuse in Scotland for 2007.		

34% of 13-year-olds and 63% of 15-year-olds in Na h-Eileanan Siar have drunk alcohol.

Of those who have ever drunk alcohol, 60% of 15-year-olds have been drunk.\*

\*data for 13-year-olds unavailable due to small sample size.

Scottish Schools Adolescent Lifestyle and Substance Use Survey 2018.



In Na h-Eileanan Siar, 9 people died because of alcohol in 2023, from conditions solely caused by alcohol.

Alcohol-specific deaths 2023.

The death rate was higher than Scotland as a whole.



Alcohol-specific deaths 2023.

The true number of alcohol deaths is over twice as high when including conditions such as cancer and cardiovascular diseases.

Public Health Scotland.

For full references and methods, visit www.alcohol-focus-scotland.org.uk/harm-profiles/

## **About Alcohol Focus Scotland**