

# Na h-Eileanan Siar Alcohol Profile

November 2024

There are **105 places to buy alcohol** in Na h-Eileanan Siar:

**67 on-sales premises**  
(pubs and restaurants)



**38 off-sales premises**  
(supermarkets and shops)

*Scottish Liquor Licensing Statistics 2021-22.*

In Na h-Eileanan Siar, **16% of people** drink above the Chief Medical Officers' low-risk guidelines.

This includes **12% of women** and **22% of men**.



This compares to **20% of people** in Scotland who drink above the guidelines.

*Scottish Health Survey.*

There were **342 alcohol-related hospital admissions** in Na h-Eileanan Siar in 2022-23.

*Alcohol related hospital statistics 2022-23.*

The admission rate was higher than for Scotland as a whole.

*ScotPho Profiles.*



**34% of 13-year-olds** and **63% of 15-year-olds** in Na h-Eileanan Siar have drunk alcohol.

Of those who have ever drunk alcohol, **60% of 15-year-olds** have been drunk.\*

\*data for 13-year-olds unavailable due to small sample size.

*Scottish Schools Adolescent Lifestyle and Substance Use Survey 2018.*



Every year, alcohol costs Na h-Eileanan Siar **£9.94m** or **£379 per person**.

This includes:

Health Service	£1.21m
Social Care	£1.58m
Crime	£3.18m
Productive Capacity	£3.97m



*The Societal Cost of Alcohol Misuse in Scotland for 2007.*

In Na h-Eileanan Siar, **9 people** died because of alcohol in 2023, from conditions solely caused by alcohol.

*Alcohol-specific deaths 2023.*

The death rate was higher than Scotland as a whole.

*Alcohol-specific deaths 2023.*



The **true number** of alcohol deaths is **over twice as high** when including conditions such as cancer and cardiovascular diseases.

*Public Health Scotland.*

For full references and methods, visit [www.alcohol-focus-scotland.org.uk/harm-profiles/](http://www.alcohol-focus-scotland.org.uk/harm-profiles/)

## About Alcohol Focus Scotland

Alcohol Focus Scotland (AFS) is the national charity working to prevent and reduce alcohol harm.

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