West Lothian **Alcohol Profile**



November 2024

There are 371 places to buy alcohol in West Lothian:

211 on-sales premises (pubs and restaurants)





160 off-sales premises (supermarkets and shops)

Scottish Liquor Licensing Statistics 2021-22.

In West Lothian, 15% of people drink above the Chief Medical Officers' low-risk auidelines.

This includes 9% of women and 21% of men.

This compares to 20% of people in Scotland who drink above the auidelines.



Scottish Health Survey.



Parental drinking was a concern identified for 12% of children on the child protection register in West Lothian.

Children's Social Work Statistics 2022-23.

36% of 13-year-olds and 65% of 15-year-olds in West Lothian have drunk alcohol.

Of those who have ever drunk alcohol. 55% of 13-year-olds and 71% of 15-year-olds

have been drunk.

Scottish Schools Adolescent Lifestyle and Substance Use Survey 2018.



There were 846 alcohol-related hospital admissions in West Lothian in 2022-23.

Alcohol related hospital statistics 2022-23.

The admission rate was lower than for Scotland as a whole.

ScotPho Profiles.



In West Lothian, 43 people died because of alcohol in 2023, from conditions solely caused by alcohol.

Alcohol-specific deaths 2023.

The death rate was lower than Scotland as a whole.

Alcohol-specific deaths 2023.



The true number of alcohol deaths is over twice as high when including conditions such as cancer and cardiovascular diseases.

Public Health Scotland.

Every year, alcohol costs West Lothian £60.15m or £349 per person.

This includes:

Health Service	£8.45m	
Social Care	£7.48m	
Crime	£23.65m	
Productive Capacity	£20.57m	£

The Societal Cost of Alcohol Misuse in Scotland for 2007.

For full references and methods, visit www.alcohol-focus-scotland.org.uk/harm-profiles/

About Alcohol Focus Scotland